

1. How accurate is the Harmony Prenatal Test?

Harmony's DNA-based technology correctly identifies Down syndrome in more than 99%¹ of cases. By comparison, traditional blood tests can miss as many as 15%² of Down syndrome cases in pregnant women.

Harmony is also less likely than traditional tests to give you a false-positive result, meaning there is much less chance your doctor would recommend follow-up invasive testing, such as amniocentesis.

2. How does the Harmony test work?

When you are pregnant, your blood contains fragments of DNA from your pregnancy. Harmony Prenatal Test is a type of test that analyzes this DNA in a sample of your blood to predict the risk of Down syndrome (trisomy 21) and other genetic conditions called trisomy 18 and trisomy 13.

3. How is the Harmony test different from other blood tests for Down syndrome?

Harmony delivers clear answers as early as the first trimester with a single blood draw. Other commonly used tests for Down syndrome are performed later in pregnancy and require multiple office visits. Traditional 1st trimester screening tests are associated with a screen-positive rate as high as 5%.²

Harmony uses a unique method of targeted DNA analysis that, combined with extensive quality controls, achieves over 99% accuracy for trisomy 21 and false-positive rate less than 0.1%.³⁻⁵

4. Can the Harmony test also evaluate the X and Y sex chromosomes?

Yes, Harmony Prenatal Test includes the option to evaluate the number of X and Y sex chromosomes, if you ask your doctor to request this additional analysis.

5. Should I take the Harmony test if I am under 35?

The risk of Down syndrome in a pregnancy increases with maternal age, however, most cases occur in women who are under age 35. Harmony, a DNA-based blood test, has been extensively validated in women both over and under 35.

6. When can I take the Harmony test?

You can get the Harmony test with a simple blood draw as early as 10 weeks into your pregnancy, or any time later in pregnancy.

7. How long does the Harmony test take?

Harmony is a simple blood test, so it only takes a couple of minutes. Generally your healthcare provider will receive results in seven days or less.

8. How much does Harmony Prenatal Test cost?

Harmony is covered by many insurance plans. While the exact cost depends on your insurance coverage, Harmony provides insured parents with a program that has a maximum out-of-pocket. If you do not have health insurance, or have financial need, there are additional Harmony programs in the US that can assist with test costs.

9. I'm expecting twins. Can I get the Harmony Prenatal Test?

Yes. Harmony can be used in twin pregnancies.

10. I'm expecting a baby through IVF. Can I get the Harmony test?

Yes. In most cases, the Harmony test can be used in pregnancies conceived through in vitro fertilization (IVF).

11. I have another question that is not answered here. Who do I ask?

For questions that relate to your specific case and personal concerns, it's best to talk to your healthcare provider. If you have other questions about the Harmony test, you can speak to one of our Patient Advocacy Representatives. They are available to help you and give you more information. Call 1-855-9-ARIOSA (855-927-4672) to speak to one of them.

This line is open Monday through Friday from 9am to 7pm EST, except major holidays.

